

## *Book Review*

### **THE MONK WHO SOLD HIS FERRARI**

**Robin S. Sharma, Harper San Frasisco, USA,  
1999 Edition, Reprint 2005, Page: 318, Rs.450/-**

In a world where with every passing year, the theories of Management and Psychology get complexer and curioser by the day. This seminal work from Robin S Sharma comes as a breath of fresh air that the community of High flying Managers, as well as Intellectually inclined academicians would completely identify with.

This inspiring tale provides a step by step approach to living with greater courage, balance, abundance and joy. A wonderfully crafter fable, the monk who sold his Ferrari, tells the extraordinary story of Julian Mantle, a lawyer forced to confront the spiritual crisis of his out-of-balance life. On a life changing odyssey to an ancient culture, he discovers powerful wise and practical lesson that he teaches us to:

- Develop joyful thoughts
- Follow our life's mission and calling
- Cultivate self discipline and act courageously
- Value Time as our most important commodity
- Nourish our relationships, and
- Live fully one day at a time

The books' winning feature is that it is written by someone who has lived the story himself, and hence, the book steers clear of Propounding theories, Quick fix recipes or plain simple preaching. Instead what it provides for is an engaging enquiry into the discovery of self. The books human and vulnerable style, connects immediately with the reader as being something taken right out of their own life.

As the book unfolds all the emotions that such a journey should encompass, come alive for the reader to the extent that this enquiry leaves the reader somewhat unsettled.

The book does an excellent job of bringing forth the presence of Enquiries that give our everyday life and at the same time leaves the users with no correct answers ! leaving them to chart out their own paths.

This book is a must read for everyone who desires to have balance and fulfilment in all roles that he plays in life. As generation of professionals grow-up on this book, this will increasingly become a sure fixture in all management education of tomorrow.

Fascinating, humbling and thought provoking!

**Lavanya Rastogi**  
**CEO, Value One LLC, USA.**